

Botanical Survey of India

Ministry of Environment, Forest and Climate Change Government of India



Image Details of Economy Botany Herbarium

Family: VALERIANACEAE

Scientific Name: Valeriana jatamansi Jones

Country: India

Uses: It is used for treatment of hysteria, hypochondriasis, nervous unrest, and emotional troubles, and act as a carminative. Pulverized drug is mixed with sugar and used in treatment of urinary troubles. Decoction is used as a sedative after parturition. Rhizomes and roots are used as a tonic and stimulant. Drug has yielded a new group of iridoid or monoterpenic derivatives known as a valepotriates which used as tranquillizers and sedatives in f