



Botanical Survey of India

Ministry of Environment, Forest and Climate Change
Government of India



Image Details of Economy Botany Herbarium

Barcode: CAL0000013352

Family: [PLANTAGINACEAE](#)

Scientific Name: [Plantago psyllium L.](#)

Collector: [J. Martan](#)

Country: [India](#)

Uses: [Dried seeds of the plant are used as a laxative in chronic constipation. It is also useful as a demulcent and expectorant.](#)