



# Botanical Survey of India

Ministry of Environment, Forest and Climate Change  
Government of India



Image Details of Economy Botany Herbarium

Barcode: CAL0000013353

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Family: [PLANTAGINACEAE](#)

Scientific Name: [Plantago ovata Forsk.](#)

Collector: [G.L. Tiwari](#)

Country: [India](#)

Uses: [Dried seeds and husk are used as an emollient, demulcent and laxative also used in chronic constipation, dysentery and diarrhoea, and inflammatory conditions of gastro-intestinal and genitourinary tract. Seeds are prescribed in febrile conditions and infections of kidneys, bladder, and urethra. Poultice of crushed seeds are applied to rheumatic and glandular swellings. Mucilage is present mainly in the husk.](#)