



Barcode: CAL0000013356

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Family: [PLANTAGINACEAE](#)

Scientific Name: [Plantago amplexicaulis Cav.](#)

Collector: [R.P. Pandey](#)

Country: [India](#)

Uses: [The plant is the source of brown lsubgol seeds. Seeds are astringent, used in intermittent fevers and pulmonary infections and in the form of an application in ophthalmia. Juice of the seeds is used as a refrigerant.](#)